**30 For Freedom**

**2021**

MN Chapter: Cold Spring, Saturday August 14th

Run. Raise. Rescue. Join the MOVEMENT to end sex trafficking in our lifetime.

**5k | 10k | 13.1 half marathon | 30 miles**

**30 for Freedom is a movement that exists to end sex trafficking in our lifetime through:**

**PREVENTION | RESCUE OPERATIONS | SURVIVOR CARE**

**Supporting Venture, F.R.E.E. International, and Lighthouse Foundation, Nepal.**

F.R.E.E. stands for Find, Restore, Embrace, Empower.

“The victims of injustice in our world do not need our spasm of charity, they need our long obedience in the same direction, they need our legs and lungs of endurance.” - GARY HAUGEN, INTERNATIONAL JUSTICE MISSION (IJM).

“Thank you for moving from comfortable to less comfortable through your minds. Thank you for moving from comfortable to less comfortable through your giving. Thank you for moving from comfortable to less comfortable through your sacrifices. Thank you for moving from comfortable to less comfortable through your lifestyle. May 30 For Freedom not be an event, may it become part of who you are.” Brent Silkey

Every 30 seconds someone becomes a victim of human trafficking.

Brent decided to run 30 miles, on his 30th birthday, with his 30 friends, to raise $30,000 to set people free from human trafficking. 30 For Freedom has now raised $832,000 because the people of God have decided to do something about human trafficking in our lifetime.

Locations:

Hibbing, **Cold Spring** and Willmar, Twin Cities, Fulda, Austin.

Cold Spring: charted route along a path by River of Life.

1. Everyone registers at [30forfreedom.org](https://30forfreedom.org/) as an individual
2. Email is sent to you to start fundraising page
   1. The more personal the more powerful -- we will do individual fundraising pages.
3. Join the NLC team for STL donations to go to us.
   1. Checkout the section BELOW for step by step on how to register.

**Pray**: Ask the Lord: should I give, should I participate? Pray for those trapped in human trafficking. Pray for the church as we run, raise, and rescue.

**Give**: donate to a friend or church family member who will participate this year by visiting their 30FF page or donate directly to the mission at 30forfreedom.org.

**Run**: here’s how you will register with NLC.

* 1. Visit [30forfreedom.org](https://30forfreedom.org/) and click “sign up” as a “participant.”
  2. Select “on-location run” to run with NLC on August 14th, at the “Cold Spring” location. Select the distance you will participate with (whether you are running or biking). The maximum you can select here is 30 miles. If you plan to bike 60, you’ll have the opportunity to specify that through your fundraising page.
  3. Check “yes” for Church Affiliation with New Life Church, Princeton MN.
  4. Follow the steps through your confirmation email to set up your fundraising page, joining the New Life Church team and setting the goal you hope to raise for STL through 30FF. This is where you can more specifically notate how many miles and through what mode of transportation.

**Our team:**

New Life Church's #30FORFREEDOM 2021 Team is raising funds to set people free from modern day slavery. Every mile we log will go toward Anti-Trafficking. Consider joining our team or helping us meet our fundraising goals to make a difference in the lives of people living in tough situations. Every dollar we raise through the miles we log will go towards the prevention of sex trafficking, rescue operations, and holistic survivor care. Our partners, Venture, F.R.E.E. International, and Lighthouse Foundation Nepal will receive these funds through Speed the Light to work on behalf of those vulnerable to trafficking in some of the toughest places on Earth. We move from comfortable to less comfortable so they can be FREE!

**COLD SPRING ROUTE:**

A trail right be the church 7.5 miles then to gravel.

Very flat.

Can do rollerblading and biking.